



We seek to be the people God created us to be,  
and to do the things He is calling us to do.

## FAITH IN 5! Romans 15:7 – 'Room at the Table'

### Scripture

*'Accept one another, then, just as Christ accepted you, in order to bring praise to God.'*

– Romans 15:7 (NIV)

### Reflection

Christ welcomes us not because we have earned our place, but because of His grace. We come with our strengths and struggles, our hopes and doubts, and He receives us with love.

His welcome shapes how we see others. We may not always think alike or find friendship easy, yet every person is precious to God. Accepting one another means making room—with patience, kindness and a willingness to listen.

At Holy Communion, Christ draws us together as one family. The grace we receive becomes grace to share: welcome without judgement, kindness without conditions and a place where all can belong.

### Pause

How might you help someone feel welcomed and accepted this week?

### Prayer

Lord Jesus, thank You for welcoming us with grace. Help us to accept others with patience and kindness, and make our church a place where everyone knows they belong.

**Amen.**

### Contact Us:

Email • [hello@bauc.uk](mailto:hello@bauc.uk) • Website • [www.bauc.uk](http://www.bauc.uk)

YouTube • [berealstonunitedchurch6274](https://www.youtube.com/channel/UC6274) • Find us • Fore Street, Bere Alston, PL20 7AB

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# BERE ALSTON UNITED CHURCH

## SUMMER SUNDAYS AT BAUC

Sunday 16 August 2026 at 10.30 a.m.



*'Accept one another, then, just as Christ accepted you, in order to bring praise to God.'*  
– Romans 15:7 (NIV)

🌿 This Sunday, we gather for worship, prayer and Holy Communion.

We are delighted to welcome our visiting minister, who will be preaching and presiding at Holy Communion.

Everyone is warmly welcome, whether you are exploring faith, returning to church or simply looking for a place to belong.





## WHAT'S ON AT BAUC

– Gatherings, Groups & Worship at BAUC



### COMING UP

Sun 16 Aug – 10.30 a.m. – **Sunday Service** at BAUC

Tue 18 Aug – 12.00 p.m. – **Make Lunch** at BAUC

Thu 20 Aug – 4.30 p.m. – **Band Rehearsal** at BAUC

Mon 7 Sep – 1.30 p.m. – **Monday House Group** at Lesley's home

Wed 9 Sep – 1.30 p.m. – **Wednesday House Group** at Judy's home

Thu 10 Sep – 6.00 p.m. – **Games & Crafts Club** at BAUC

#### Event Details

**Monday House Group** — 1.30 p.m., Lesley's home (Lesley)

**Wednesday House Group** — 1.30 p.m., Judy's home (Hilary)

**Band Rehearsal** — 4.30 p.m., at BAUC (Lesley)

**T@5** — 5.00 p.m., at BAUC (Lesley)

**Make Lunch** — 12.00 p.m., at BAUC (Lesley)

**Games & Crafts Club** — 6.00 p.m., at BAUC (Jane)



### Looking Ahead

Wed 2 Sep  
T@5  
Returns to BAUC

Sun 6 Sep  
Ice Cream Sunday  
At BAUC

Tue 13 Oct  
Full Church Meeting  
At BAUC



### ROTA

– Those Serving This Sunday & Next

Role                      Sunday 16 August H.C.      Sunday 23 August

Preacher – Speaker

Leader

Communion

Welcome

Flowers

Reading

Young Church

Audio Visual

Refreshments



For further information,  
please contact [helo@bauc.uk](mailto:helo@bauc.uk)



## ICE CREAM SUNDAY

– A relaxed afternoon of worship, fellowship and fun



Join us at Bere Alston United Church for a relaxed afternoon together. Bring your own picnic and enjoy drinks, games and free ice cream, with a short service as part of the afternoon.

Come on your own, bring your family or invite a friend — everyone is warmly welcome!

### EVENT DETAILS

**Sunday 6 September**

**12.30–3.00 p.m.**

Bere Alston United Church

**Bring your own picnic • Drinks provided • Games • Short service**  
**• Free ice cream**



## TWELVE ONE PRAYER

– Prayer for our church, community and God's work

Join us for Twelve One Prayer on Friday 11 September, between 7.00 a.m. and 7.00 p.m. Drop in for as little or as long as you wish as we pray for our church family, our community, those in need, and the opportunities God is placing before us.

**The day concludes at 7.00 p.m. with a short time of praise, worship and prayer together** (around 40 minutes). Whether or not you are able to take part earlier in the day, you are warmly invited to join us.

Rosie will co-ordinate the day, so if you would like to take part, please speak to Rosie or email [helo@bauc.uk](mailto:helo@bauc.uk)

## HOUSE GROUPS

### Monday House Group

**1.30 p.m. at Lesley's home** (*Summer break – back Monday 7 September*)

A relaxed and welcoming group where we explore faith together through conversation, prayer and encouragement. There is space to ask questions, share experiences and support one another as we grow in faith.

New faces are always welcome. Contact **Lesley** or email [helo@bauc.uk](mailto:helo@bauc.uk)

### Wednesday House Group

**1.30 p.m. at Judy's home** (*Summer break – back Wednesday 9 September*)

Journey through the Gospels with us as we discover fresh insight, encouragement and hope. In a friendly and supportive setting, we learn together and explore what it means to follow Jesus each day.

Contact **Hilary** for more details, or email [helo@bauc.uk](mailto:helo@bauc.uk)



## HOPE COTTAGE

*Open Monday, Wednesday & Friday 10.00 a.m. – 12.30 p.m.*

A warm and welcoming space at the heart of our village. Enjoy freshly made paninis, cafetière coffee, tea, cake and plenty of other treats, all served by our wonderful volunteers.

Hope Cottage is more than a café — it's a place to pause, meet friends and feel at home. If you'd like to *join our volunteer team*, even one session a month or a little help with washing up can make a real difference and help this much-loved community hub flourish.

Contact **Robin** or email [helo@bauc.uk](mailto:helo@bauc.uk)



## OPEN THE BOOK

The team meets at BAUC at 1.30 p.m. before visiting Bere Alston Primary School to share short Bible sketches and a simple message of hope.

Please speak to Robin or email [helo@bauc.uk](mailto:helo@bauc.uk) for more details.

**Upcoming date:** To be confirmed for the new term.



## PEOPLE & SUPPORT AT BAUC

### Leaders

Ian Parsons — *Church Secretary • Safeguarding Co-ordinator*

Hilary Holliday — *Church Treasurer*

Lesley Wright, Robin Holliday, Rosie Bone, Glenys Whelan

### Safeguarding

If you have any safeguarding concerns, please contact *Ian Parsons* or email [bauc-safeguarding@tmc.me.uk](mailto:bauc-safeguarding@tmc.me.uk)

Our [Safeguarding Policy](#) is available on our website

### Contact Details

Questions or prayer requests? We'd love to hear from you.

Email our **Leaders** at [helo@bauc.uk](mailto:helo@bauc.uk)

Visit [www.bauc.uk](http://www.bauc.uk) to discover more about life at BAUC.

### Supporting Our Shared Mission

Your generosity helps us serve our community in Jesus' name. To give, please contact Hilary or email [helo@bauc.uk](mailto:helo@bauc.uk) for bank details (shared privately for GDPR reasons) 



## IN THE COMMUNITY

– Local events, groups & activities

### COMING UP

Mon 17 Aug – 2.00 p.m. – **Scrabble Club** at Hope Cottage

Sat 5 Sep – 8.45 a.m. – **Men's Breakfast Club** at Holy Trinity Church Hall

Wed 9 Sep – 12.30 p.m. – **Luncheon Club** at Holy Trinity Church Hall

### Event Details

**Scrabble Club** — 2.00 p.m., Hope Cottage (via [helo@bauc.uk](mailto:helo@bauc.uk)) 

**Luncheon Club** — 12.30 p.m., Holy Trinity Church Hall (Nick Law Tel — 840229)

**Men's Breakfast Club** — 8.45 a.m., Holy Trinity Church Hall (Nick Law Tel — 840229)

**Open the Book** — 1.30 p.m., Bere Alston Primary School — Robin • [helo@bauc.uk](mailto:helo@bauc.uk)



### Helpful Contacts

**TMC Office**

01822 611049

[info@tmc.co.uk](mailto:info@tmc.co.uk)

**TACT**

Email to Subscribe

[tacttavi@gmail.com](mailto:tacttavi@gmail.com)

**Holy Trinity**

Church Office

01822 840229

## BAUC NEWS & UPDATES

– Sharing faith, building fellowship, living life together



### BIBLE STUDY

– Seeing Jesus Together

| Date   | Old Testament | New Testament | Key Verse(s)   |
|--------|---------------|---------------|----------------|
| Mon 17 | Nehemiah 11   | 1 John 3      | 1 John 3:16-18 |
| Tue 18 | Nehemiah 12   | 1 John 4      | 1 John 4:7-12  |
| Wed 19 | Nehemiah 13   | 1 John 5      | 1 John 5:13-15 |
| Thu 20 | Esther 1      | 2 John        | 2 John 3       |
| Fri 21 | Esther 2      | 3 John        | 3 John 4       |
| Sat 22 | Psalms 86     | No Reading    | Psalms 86:4-7  |



### BERE PENINSULA FOOD BANK

**Urgent Needs:** Tinned cold meat • Long-life milk • Rice • Chopped tomatoes  
• **Tinned meaty meals**

**Everyday Essentials:** Porridge oats • Tinned tuna

• Tinned corned beef • Tinned vegetables

**Drop-off Points:** Hope Cottage Café • Bere Alston Pharmacy

• Holy Trinity • St Andrew's • Bere Ferrers Church Hall

Thank You: Every item makes a difference – your kindness feeds hope.

**Contact:** Andy – Tel: 07927 220209 • or contact Glenys

**Urgent Need: Tinned meaty meals**

The food bank urgently needs **tinned meaty meals**. Although a few were donated this week, the shelves were empty beforehand. Any donations would be very gratefully received. Thank you for your continued support.



### NEW AUTUMN PREACHING SERIES

A new preaching series begins this autumn, exploring the theme 'Finding Jesus in the Old Testament'. More details coming soon.

## MAKE LUNCH

Tuesdays 18 & 25 August • 12.00 p.m. • BAUC

We continue to offer a warm welcome to families throughout the summer holidays. Enjoy a free meal, friendship and simple activities for children in a relaxed and friendly setting.

We're also grateful for volunteers, especially with serving and clearing away afterwards. Even occasional help makes a real difference.

Email Lesley: [makelunch@bauc.uk](mailto:makelunch@bauc.uk)

## MIDWEEK T@5

Wednesday 2 September • 5.00 p.m.

Midweek T@5 returns on Wednesday 2 September. Families are warmly invited to join us for crafts, stories, play and a gentle space to meet with Jesus.

Please continue to pray for this growing ministry and for the children and parents who come, that they may discover the love, hope and joy that Jesus brings to everyday life.

Help is always appreciated, especially with washing up and clearing away. If you'd like to lend a hand, even occasionally, we'd love to hear from you.

Email Lesley: [makelunch@bauc.uk](mailto:makelunch@bauc.uk)

## GAMES & CRAFTS CLUB

Term time only • Thursdays, 6.00–7.15 p.m. • BAUC • Returns 10 September

A fun and welcoming space where children can play, create, and enjoy time together. Each week includes games, crafts, activities, and a short 'God Slot' — a simple, encouraging thought to help children grow in faith and kindness.

There's always a warm welcome, plenty of laughter, and something for everyone to enjoy.

*All children welcome – especially KS2 & KS3 (ages 7–14)*

Email Jane: [youngchurch@bauc.uk](mailto:youngchurch@bauc.uk)