



We seek to be the people God created us to be,
and to do the things He is calling us to do.

✿ FAITH IN 5! James 5 – 'Patient and Prayerful.'

Scripture

'You too, be patient and stand firm, because the Lord's coming is near.'
— James 5:8 (NIV)

Reflection

James encourages us to remain patient and steadfast when life is difficult. Like a farmer waiting for the harvest, we may not always see what God is doing, but we can trust that He is at work and that His timing is good.

Christian patience is not simply standing still. It means holding firmly to our faith, refusing to lose heart and bringing every concern to God in prayer. James reminds us that prayer is powerful in every circumstance.

Following Jesus means learning to wait with hope, pray with confidence and support one another, trusting that the Lord is compassionate and merciful.

Pause

Where do you need God's help to remain patient and prayerful this week?

Prayer

Lord Jesus, when I feel weary or uncertain, help me to be patient and stand firm. Teach me to bring every concern to You in prayer, to trust Your timing and to encourage those around me. Keep my heart faithful and hopeful as I wait for You.

Amen.

Contact Us:

Email • hello@bauc.uk • Website • www.bauc.uk

YouTube • [beralstonunitedchurch6274](https://www.youtube.com/channel/UC6274) • Find us • Fore Street, Bere Alston, PL20 7AB

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BERE ALSTON UNITED CHURCH



THIS WEEK: | James 5 – Patient and Prayerful

Sunday 26 July 2026 at 10.30 a.m.



🌿 This Sunday we conclude our journey through the Book of James, reflecting on its practical wisdom for faithful Christian living.

We are pleased to welcome our Local Preacher, who will preach on James 5 and its call to patience, steadfast faith and prayer.

Everyone is warmly welcome, whether you are exploring faith, returning to church or simply looking for a place to belong.



WHAT'S ON AT BAUC

– Gatherings, Groups & Worship at BAUC



COMING UP

Sun 26 Jul – 10.30 a.m. – **Sunday Service** at BAUC

Mon 27 Jul – 1.30 p.m. – **Monday House Group** at Lesley's home

Thu 30 Jul – 4.30 p.m. – **Band Rehearsal** at BAUC

Tue 4 Aug – 12.00 p.m. – **Make Lunch** at BAUC

Wed 9 Sep – 1.30 p.m. – **Wednesday House Group** at Judy's home

Thu 10 Sep – 6.00 p.m. – **Games & Crafts Club** at BAUC

Event Details

Monday House Group — 1.30 p.m., Lesley's home (Lesley)

Wednesday House Group — 1.30 p.m., Judy's home (Hilary)

Band Rehearsal — 4.30 p.m., at BAUC (Lesley)

T@5 — 5.00 p.m., at BAUC (Lesley)

Make Lunch — 12.00 p.m., at BAUC (Lesley)

Games & Crafts Club — 6.00 p.m., at BAUC (Jane)



Looking Ahead

Sun 2 Aug
Robin Holliday
Speaker

Tue 4 Aug
Make Lunch
Returns at BAUC

Wed 2 Sep
T@5
Returns at BAUC



ROTA

– Those Serving This Sunday & Next

Role

Preacher – Speaker

Leader

Communion

Welcome

Flowers

Reading

Young Church

Audio Visual

Refreshments



For further information,
please contact hello@bauc.uk



ICE CREAM SUNDAY

– A relaxed afternoon of worship, fellowship and fun



Join us at Bere Alston United Church for a relaxed afternoon together. Bring your own picnic and enjoy drinks, games and free ice cream, with a short service as part of the afternoon.

Come on your own, bring your family or invite a friend — everyone is warmly welcome!

EVENT DETAILS

Sunday 6 September

12.30–3.00 p.m.

Bere Alston United Church

Bring your own picnic • Drinks provided • Games • Short service • Free ice cream



TWELVE ONE PRAYER

– Prayer for our church, community and God's work

Join us for Twelve One Prayer on Friday 11 September, between 7.00 a.m. and 7.00 p.m. Drop in for as little or as long as you wish as we pray for our church family, our community, those in need, and the opportunities God is placing before us.

The day concludes at 7.00 p.m. with a short time of praise, worship and prayer together (around 40 minutes). Whether or not you are able to take part earlier in the day, you are warmly invited to join us.

Rosie will co-ordinate the day, so if you would like to take part, please speak to Rosie or email hello@bauc.uk

HOUSE GROUPS

Monday House Group

1.30 p.m. at Lesley's home (27 July, then summer break – back 7 Sept)

A relaxed and welcoming group where we explore faith together through conversation, prayer and encouragement. There is space to ask questions, share experiences and support one another as we grow in faith.

New faces are always welcome. Contact **Lesley** or email helo@bauc.uk

Wednesday House Group

1.30 p.m. at Judy's home (Summer break – back Wednesday 9 September)

Journey through the Gospels with us as we discover fresh insight, encouragement and hope. In a friendly and supportive setting, we learn together and explore what it means to follow Jesus each day.

Contact **Hilary** who can share more details or email helo@bauc.uk



HOPE COTTAGE

Open Monday, Wednesday & Friday 10.00 a.m. – 12.30 p.m.

A warm and welcoming space at the heart of our village. Enjoy freshly made paninis, cafetière coffee, tea, cake and plenty of other treats, all served by our wonderful volunteers.

Hope Cottage is more than a café — it's a place to pause, meet friends and feel at home. If you'd like to *join our volunteer team*, even one session a month or a little help with washing up can make a real difference and help this much-loved community hub flourish.

Contact **Robin** or email helo@bauc.uk



OPEN THE BOOK

The team meets at BAUC at 1.30 p.m. before visiting Bere Alston Primary School to share short Bible sketches and a simple message of hope.

Please speak to Robin or email helo@bauc.uk for more details.

Upcoming date: To be confirmed for the new term.



PEOPLE & SUPPORT AT BAUC

Leaders

Ian Parsons — *Church Secretary • Safeguarding Co-ordinator*

Hilary Holliday — *Church Treasurer*

Lesley Wright, Robin Holliday, Rosie Bone, Glenys Whelan

Safeguarding

If you have any safeguarding concerns, please contact *Ian Parsons* or email bauc-safeguarding@tmc.me.uk

Our [Safeguarding Policy](#) is available on our website

Contact Details

Questions or prayer requests? We'd love to hear from you.

Email our **Leaders** at helo@bauc.uk

Visit www.bauc.uk to discover more about life at BAUC.

Supporting Our Shared Mission

Your generosity helps us serve our community in Jesus' name. To give, please contact Hilary or email helo@bauc.uk for bank details (shared privately for GDPR reasons) 



IN THE COMMUNITY

– Local events, groups & activities

COMING UP

Mon 27 Jul – 2.00 p.m. – **Scrabble Club** at Hope Cottage

Sat 1 Aug – 8.45 a.m. – **Men's Breakfast Club** at Holy Trinity Church Hall

Wed 12 Aug – 12.30 p.m. – **Luncheon Club** at Holy Trinity Church Hall

Event Details

Scrabble Club — 2.00 p.m., Hope Cottage (via helo@bauc.uk) 

Luncheon Club — 12.30 p.m., Holy Trinity Church Hall (Nick Law Tel — 840229)

Men's Breakfast Club — 8.45 a.m., Holy Trinity Church Hall (Nick Law Tel — 840229)

Open the Book — 1.30 p.m., Bere Alston Primary School — Robin helo@bauc.uk



Helpful Contacts

TMC Office
01822 611049
info@tmc.co.uk

TACT
Email to Subscribe
tacttavi@gmail.com

Holy Trinity Church Office
01822 840229

BAUC NEWS & UPDATES

– Sharing faith, building fellowship, living life together

PREACHING SERIES

Our preaching series explores the Book of James. Each preacher is reflecting on a chapter and sharing what God is laying on their heart through it.

28 June — Chapter 1 — Local Preacher

5 July — Chapter 2 — Local Preacher

12 July — Chapter 3 — Local Preacher

19 July — Chapter 4 — Visiting Minister (HC)

26 July — Chapter 5 — Local Preacher



For further information,
please contact helo@bauc.uk

BIBLE STUDY

– Seeing Jesus Together

Date	Old Testament	New Testament	Key Verse(s)
Mon 27	Ezra 6	John 9	John 9:1–7
Tue 28	Ezra 7	John 10	John 10:10–11
Wed 29	Ezra 8	John 11	John 11:33–44
Thu 30	Ezra 9	John 12	John 12:24–26
Fri 31	Ezra 10	John 13	John 13:21–30
Sat 1	Psalms 83	No Reading	Psalms 83:1–3



BERE PENINSULA FOOD BANK

Urgent Needs: Tinned cold meat • Long-life milk • Rice • Chopped tomatoes

Everyday Essentials: Porridge oats • Tinned tuna • Tinned Corned beef • Tinned meat meals • Tinned vegetables

Drop-off Points: Hope Cottage Café • Bere Alston Pharmacy • Holy Trinity • St Andrew's • Bere Ferrers Church Hall

Thank You: Every item makes a difference – your kindness feeds hope.

Contact: Call **Andy** Tel: 07927 220209 • Or contact **Glenys**

MAKE LUNCH

Tuesdays 4, 11, 18 & 25 August • 12.00 p.m. • BAUC

A warm welcome for families during the summer holidays. Enjoy a free meal, friendship and simple activities for children in a relaxed and friendly setting.

We're also grateful for volunteers, especially with serving and clearing away afterwards. Even occasional help makes a real difference.

Email Lesley or Gill: makelunch@bauc.uk

MIDWEEK T@5

Wednesday 2 September • 5.00 p.m.

Midweek T@5 returns on Wednesday 2 September. Families are warmly invited to join us for crafts, stories, play and a gentle space to meet with Jesus.

Please continue to pray for this growing ministry and for the children and parents who come, that they may discover the love, hope and joy that Jesus brings to everyday life.

Help is always appreciated, especially with washing up and clearing away. If you'd like to lend a hand, even occasionally, we'd love to hear from you.

Email Lesley or Gill: makelunch@bauc.uk

GAMES & CRAFTS CLUB

Term time only • Thursdays, 6.00–7.15 p.m. • BAUC • Returns 10 September

A fun and welcoming space where children can play, create, and enjoy time together. Each week includes games, crafts, activities, and a short 'God Slot' — a simple, encouraging thought to help children grow in faith and kindness.

There's always a warm welcome, plenty of laughter, and something for everyone to enjoy.

All children welcome – especially KS2 & KS3 (ages 7–14)

Email Jane: youngchurch@bauc.uk