



We seek to be the people God created us to be,
and to do the things He is calling us to do.

FAITH IN5! — Peace in a Restless World

Scripture

“Blessed are the peacemakers, for they will be called children of God.”
— Matthew 5:9

Reflection

We live in a time where voices are loud, opinions are strong, and conflict can feel never-ending. It can be tempting to become drawn into the noise, or to feel unsettled by what we see and hear.

Yet the way of Christ is different. It is not shaped by power, control, or self-importance, but by humility, gentleness, and peace. Jesus does not ask us to fix the whole world — but He does call us to be peacemakers where we are.

Peace often begins quietly: in our words, our reactions, our willingness to listen, and our choice to respond with grace rather than anger.

Pause

Where might God be inviting you to bring peace today?

Prayer

Lord, in a restless and divided world,
quiet our hearts and steady our minds.
Help us to reflect Your peace in what we say and do,
and to be gentle, patient, and kind in all our ways.

Amen

Contact Us

Email • hello@bauc.uk • Website • www.bauc.uk
YouTube • [berealstonunitedchurch6274](https://www.youtube.com/channel/UC6z74) • Find us • Fore Street, Bere Alston, PL20 7AB



Scan for Website



BERE ALSTON UNITED CHURCH

Sunday 3 May 2026 at 10.30 a.m.



🌿 This Sunday, we are delighted to welcome a Local Preacher, who will be bringing the message.

As we gather, we pray that you will know the peace, encouragement, and presence of Christ among us.

Find us – Fore Street, Bere Alston, PL20 7AB



WHAT'S ON AT BAUC

- Gatherings, Groups & Worship at BAUC

May

Sun 3 – 10.30 a.m. – **Sunday Service** at BAUC

Wed 6 – 1.30 p.m. – **Wednesday House Group** at Judy's home

Wed 6 – 5.00 p.m. – **T@5** at BAUC

Thu 7 – 4.30 p.m. – **Band Rehearsal** at BAUC

Thu 7 – 4.30 p.m. – **Games & Crafts Club** at BAUC

Mon 11 – 1.30 p.m. – **Monday House Group** at Lesley's home

Tue 26 – 12.00 p.m. – **Make Lunch** at BAUC

Event Details

Monday House Group — 1.30 p.m., Lesley's home (Lesley)

Wednesday House Group — 1.30 p.m., Judy's home (Hilary)

Band Rehearsal — 4.30 p.m., at BAUC (Lesley)

T@5 — 5.00 p.m., at BAUC (Lesley)

Make Lunch — 12.00 p.m., at BAUC (Lesley)

Games & Crafts Club — 6.00 p.m., at BAUC (Jane)



ROTA

- Those Serving This Sunday & Next

Role	Sunday 3 May	Sunday 10 May
Preacher		
Leader		
Communion		
Welcome		
Flowers		
Reading		
Young Church		
Audio Visual		
Refreshments		



For further information,
please contact hello@bauc.uk



THIS WEEK WITH GOD

- Reflecting on last Sunday's message - Acts 2:42-47

MON – Read: Acts 2:42

Focus: Devotion begins with intention

Thought: They devoted themselves — deliberately, not casually.

Today: Set aside 5 quiet minutes with God

TUE – Read: Acts 2:43

Focus: Awe of God

Thought: God was at work, and people noticed. Awe opens our eyes.

Today: Thank God for something that encouraged you

WED – Read: Acts 2:44

Focus: Unity

Thought: They were together — in heart and purpose. Unity is a choice.

Today: Reach out and connect with someone

THU – Read: Acts 2:45

Focus: Generosity

Thought: They gave to meet needs. Generosity reflects a God-shaped heart.

Today: Offer help, time, or encouragement

FRI – Read: Acts 2:46

Focus: Daily faith

Thought: Their faith wasn't limited to gatherings — it was part of their everyday lives.

Today: Invite God into an ordinary moment

SAT – Read: Acts 2:47a

Focus: Praise

Thought: Gratitude filled their lives, and praise followed.

Today: Take a moment to praise God

SUN – Read: Acts 2:47b

Focus: God brings growth

Thought: The Lord added to their number — this was His work.

Today: Come expectant — God is still at work

HOUSE GROUPS

Monday House Group

1.30 p.m. at Lesley's home

A friendly, reflective space where we explore our Lent series Spot the Difference by Nick Fawcett. We take time to listen, share, and encourage one another as we grow in faith together.

Contact **Lesley** if you'd like to join us — you'll be warmly welcomed or email hello@bauc.uk

Wednesday House Group

1.30 p.m. at Judy's home

All are welcome as we journey through John's Gospel, discovering fresh insight and hope in familiar stories. It's a relaxed, supportive group where questions are encouraged and faith is nurtured.

Contact **Hilary** who can share more details or email hello@bauc.uk

HOPE COTTAGE

Open Monday, Wednesday & Friday 10.00 a.m. – 12.30 p.m.

A relaxed, friendly space at the heart of our village. Enjoy paninis, cafetière coffee, tea, cake, and plenty of other treats — all served by our amazing volunteers.

Hope Cottage is more than a café — it's a place to pause, chat, and feel at home. *If you'd like to help*, even one session a month or a bit of washing up makes a real difference and keeps this much-loved hub thriving. Contact **Robin** or email hello@bauc.uk

LOOKING AHEAD

A few dates for your diary as we look ahead together. We'd love you to join us where you can.

• Next **Full Church Meeting** 21 July • **Ice Cream Sunday** 6 September

PEOPLE & SUPPORT AT BAUC

Leaders

Ian Parsons — *Church Secretary • Safeguarding Co-ordinator*

Hilary Holliday — *Church Treasurer*

Lesley Wright, Robin Holliday, Rosie Bone, Glenys Whelan

Safeguarding

If you have any safeguarding concerns, contact **Ian Parsons**

or email bauc-safeguarding@tmc.me.uk


The Safeguarding Policy is available on our website [Safeguarding Policy](#).

Contact Details

Questions or prayer requests? Email our Leaders at hello@bauc.uk

Visit our website: www.bauc.uk – your gateway to BAUC life

Supporting Our Shared Mission

Your generosity helps us serve our community in Jesus' name. To give, please contact Hilary or email hello@bauc.uk for bank details (shared privately for GDPR reasons) 

IN THE COMMUNITY

– Local events, groups & activities

May

Mon 4 – 2.00 p.m. – **Scrabble Club** at Hope Cottage

Mon 11 – 1.30 p.m. – **Open the Book** at Bere Alston Primary School

Wed 13 – 12.30 p.m. – **Luncheon Club** at Holy Trinity Church Hall

June

Sat 6 – 8.45 a.m. – **Men's Breakfast Club** at Holy Trinity Church Hall

Event Details

Scrabble Club — 2.00 p.m., Hope Cottage (via hello@bauc.uk) 

Luncheon Club — 12.30 p.m., Holy Trinity Church Hall (Nick Law Tel — 840229)

Men's Breakfast Club — 8.45 a.m., Holy Trinity Church Hall (Nick Law Tel — 840229)

BAUC NEWS & UPDATES

– Sharing faith, building fellowship, living life together

BIBLE STUDY

– Seeing Jesus Together

Date	Old Testament	New Testament	Key Verse
Mon 4	1 Chronicles 11	2 Corinthians 4	<i>2 Corinthians 4:16-18</i>
Tue 5	1 Chronicles 12	2 Corinthians 5	<i>2 Corinthians 5:17-21</i>
Wed 6	1 Chronicles 13	2 Corinthians 6	<i>2 Corinthians 6:14-18</i>
Thu 7	1 Chronicles 14	2 Corinthians 7	<i>2 Corinthians 7:5-7</i>
Fri 8	1 Chronicles 15	2 Corinthians 8	<i>2 Corinthians 8:1-5</i>
Sat 9	Psalms 71	No Reading	<i>Psalms 71:22-24</i>

BERE PENINSULA FOOD BANK

Urgent Needs: Tinned cold meat • Long-life milk • Chopped tomatoes

Everyday Essentials: Porridge oats • Pasta • Rice • Tinned tuna • Corned beef • Tinned meat meals • Tinned vegetables

Drop-off Points: Hope Cottage Café • Bere Alston Pharmacy • Holy Trinity • St Andrew's • Bere Ferrers Church Hall

Thank You: Every item makes a difference – your kindness feeds hope.

Contact: Call **Andy** Tel: 07927 220209 • Or contact **Glenys**

OPEN THE BOOK

The team meets at BAUC at 1.30 p.m. before visiting Bere Alston Primary School to share short Bible sketches and a simple message of hope.

Please speak to or contact **Robin** for more details hello@bauc.uk

Upcoming Dates:

11 May • 8 June • 29 June • 20 July



MID-WEEK T@5



Wednesday 6 May • 5.00 p.m.

A warm welcome for families on the first Wednesday of each month. Please hold this new ministry in prayer as Lesley, Gill and the team offer crafts, stories, play and a gentle space to meet with Jesus.

Pray for the children and parents who come — that they discover the good things Jesus brings into everyday life.

Help appreciated, especially with washing up and clearing away. If you'd like to help, even occasionally, we'd love to hear from you.

Email **Lesley** or **Gill:** makelunch@bauc.uk

MAKE LUNCH



Tuesday 26 May • 12.00 p.m.

A warm welcome for families to share a free meal, friendship, and simple children's activities during the break.

We'd love to see you — and we're especially grateful for volunteers, particularly with clearing away afterwards. If you can help, even occasionally, it makes a real difference.

Email **Lesley** or **Gill:** makelunch@bauc.uk

trypraying. Try Praying — simple 7-day prayer guide. Coming soon.

GAMES & CRAFTS CLUB



Every Thursday • 6.00 – 7.15 p.m. • BAUC

A fun, welcoming space where children can play, create, and explore together. Each week brings games, crafts, and a short 'God Slot' — a simple, encouraging thought to help them grow in faith and kindness.

Whether they enjoy making things, trying new activities, or being with friends, every child will find a warm welcome and plenty of laughter.

All children welcome – especially KS2 & KS3 (ages 7–14)(Term Time)

Email **Jane:** youngchurch@bauc.uk