



PREACHING SERIES

✨ This Week's Letter: F

We'd love for you to join in as we explore what God might be showing us through His Word.

Get Involved!

It's a simple way for all ages to take part — and a beautiful reminder that everyone has something to share as we journey through Scripture together. Let's discover truth, grow in faith, and enjoy the adventure, one letter at a time!



MAKE LUNCH

Every Tuesday in August. We're welcoming up to 15 families each week for food and fun. Volunteers still needed — even for just one Tuesday!
Please speak to Lesley or ✉ email: makelunch@bauc.uk

BERE PENINSULA FOOD BANK

URGENT: Tinned cold meat, Long life milk, Chopped tomatoes, Toilet rolls
ESSENTIALS: Porridge oats, Pasta, Rice, Tinned tuna, Corned beef, Tinned meat meals, Tinned veg.

Drop-off points: Hope Cottage Café or Bere Alston Pharmacy

♥ Thank you for every contribution — it truly helps our community.

☎ **Contact Andy:** 07927 220209

🗣️ Speak to **Glenys**

DATES FOR YOUR DIARY!

🍦 **Ice Cream Sunday** - Sunday, September 7th - Hilary & Robin's Meadow - Time TBA.

🎉 **Church Family Weekend** - Saturday 4th and Sunday 5th October.

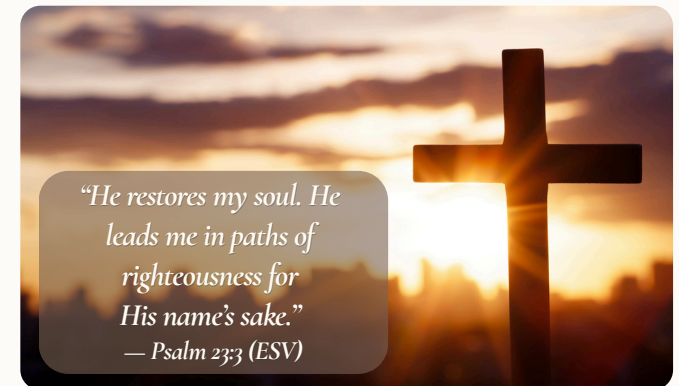
An event for the whole Church Family Led by Revd. Chris Brown
(Lunch will be provided on the Saturday and we'll finish with a Shared Lunch on the Sunday) *More details to follow.*

WELCOME



WELCOME TO BERE ALSTON UNITED CHURCH

*'We seek to be the people God created
us to be, and to do the things
He is calling us to do'*



*"He restores my soul. He
leads me in paths of
righteousness for
His name's sake."
— Psalm 23:3 (ESV)*

Join us this Sunday as our Preacher continues our A to Z of the Bible preaching series, exploring the letter "F" — drawing fresh insight from Scripture to inspire and encourage.

Contact us: hello@bauc.uk

Website: www.bauc.uk

📺 **YouTube** [@berealstonunitedchurch6274](https://www.youtube.com/@berealstonunitedchurch6274)

Bere Alston United Church, Fore Street, Bere Alston, PL20 7AB

TLG make lunch
 **Starts Next
Tuesday,
August 5th!**

WHAT'S ON THIS WEEK & NEXT

Events, services, and opportunities happening right now

SUNDAY, JULY 27TH

10:30 a.m. Morning Service @ BAUC

✝️ Worship and fellowship

MONDAY, JULY 28TH

2:00 p.m. Scrabble Club @ Hope Cottage

THURSDAY, JULY 31ST

4:30 p.m. Band Rehearsal @ BAUC

SUNDAY, AUGUST 3RD

10:30 a.m. Morning Service @ BAUC

✝️ Worship and fellowship

TUESDAY, AUGUST 5TH

Make Lunch. See Lesley ✉️ makelunch@bauc.uk

📞 EVENT CONTACTS

📅 **Monday House Group** 1:30 p.m. at BAUC, *See Lesley.*

📅 **Wednesday House Group** 1:30 p.m. BAUC, *See Hilary.*

🎨 **Crafts & Games Club** 6:00 p.m. BAUC, every Thursday, (term time), *See Jane.*

🧩 **Scrabble Club** Every Monday 2:00 p.m., Hope Cottage.

🍷 **Luncheon Club** 2nd Wednesday, Monthly, 12:30 p.m., Holy Trinity Hall.

Book with Nick Law ☎️ 840229.

🕒 **Men's Breakfast Club** 1st Saturday, Monthly, Holy Trinity Hall,

8:45 a.m. Book with Nick Law ☎️ 840229.

🙏 FAITH IN 5! - TRUST

Trust means leaning not on our own strength, but resting in the quiet certainty that God is already at work — even when we can't see the full picture. It doesn't erase the waiting. But it holds us steady in it.

Thoughts to carry:

- Who (or what) am I relying on most right now?
- Can I trust God with what I don't yet understand?

📖 "Trust in the Lord with all your heart and lean not on your own understanding." Proverbs 3:5

🙏 Lord, give me courage to trust You — not only with what I can control, but with all that I can't. Amen.

OUR BAUC LEADERS & CONTACTS

Ian Parsons

Church Secretary |
Safeguarding Co-ordinator

Lesley Wright

Hilary Holliday

Church Treasurer

Robin Holliday

Rosie Bone

Glenys Whelan

✉️ Email: hello@bauc.uk



SAFEGUARDING

Our Safeguarding Co-ordinator is Ian Parsons.

✉️ Email Ian: bauc-safeguarding@tmc.me.uk with any concerns.

The Safeguarding Policy is available on our website www.bauc.uk

CHURCH ROTA THIS WEEK AND NEXT

Who's doing what — and when!

* Changed

✝️ SUNDAY, JULY 27TH

PREACHER:

FLOWERS:

LEADER:

YOUNG CHURCH:

COMMUNION:

READINGS:

WELCOME:

✝️ SUNDAY, AUGUST 3RD

PREACHER:

LEADER:

YOUNG CHURCH:

COMMUNION:

READINGS:

WELCOME:

REFRESHMENTS:

📖 SEEING JESUS TOGETHER

Your daily walk through scripture

Mon 28	OT: Numbers 32	NT: John 10	Med: John 10:10-11
Tue 29	OT: Numbers 33	NT: John 11	Med: John 11:33-44
Wed 30	OT: Numbers 34	NT: John 12	Med: John 12:24-26
Thu 31	OT: Numbers 35	NT: John 13	Med: John 13:21-30
Fri 1	OT: Numbers 36	NT: John 14	Med: John 14:1-3
Sat 2	OT: Psalm 31	NT: John 15	Med: Psalm 31:9-10

🙏 SUPPORT OUR MISSION

Together we make a difference

Donations : Please ✉️ hello@bauc.uk