

# CHURCH FAMILY NEWS

## SUNDAY SERVICE

This Sunday

With Our Local Preacher  
Join Us  
at 10:30 a.m.

## CHILDREN'S MINISTRY

Young Church

Creative and meaningful sessions  
to help children grow in faith and  
understanding.

## HOUSE GROUPS

Growing in Faith Together

Join a House Group for fellowship,  
Bible study, and prayer in a  
welcoming setting.



## WELCOME TO BERE ALSTON UNITED CHURCH

*Join us for worship at 10:30 a.m.  
for worship that inspires and uplifts.*

**'WE SEEK TO BE THE PEOPLE GOD  
CREATED US TO BE & TO DO THE  
THINGS HE IS CALLING US TO DO'**



## BERE ALSTON UNITED CHURCH

Bere Alston United Church, Fore  
Street, Bere Alston, PL20 7AB



# Contents

## *With Easy Page Links*

### Who We Are and What We Do!

**Our Team & Safeguarding** – Meet our leaders and contact details [CLICK HERE](#)

**Church Calendar** – Upcoming events: a 5-week planner [CLICK HERE](#)

### Faith & Worship

**Preaching Series** – Would you like Prayer [CLICK HERE](#)

**Bible Study** – Seeing Jesus Together, now with Meditation Verses [CLICK HERE](#)

### Community and Outreach

**Community** – Hope Cottage Cafe - The heartbeat in our village [CLICK HERE](#)

**Reaching Out** – House Groups and support opportunities [CLICK HERE](#)

**Groups** – Monthly Luncheon Club, Men's Breakfast [CLICK HERE](#)

**Youth Activities** – Open the Book [CLICK HERE](#)

**Food Bank Updates** – Weekly reports and needs [CLICK HERE](#)

### Reflection

**Spiritual Care** – Anointing, giving, and partnerships [CLICK HERE](#)

**Prayer Focus** – A Prayer for the NHS [CLICK HERE](#)

**Praying as a Church** – Twelve One Prayer [CLICK HERE](#)

**New Prayer Initiative** – Read more about our New Prayer Initiative [CLICK HERE](#) 

### TMC Circuit & Groups

**TMC Connections** – Key events at Tavistock Methodist [CLICK HERE](#)

**Lenten Series** – Join us for our series 'The Last Steps to Calvary' [CLICK HERE](#)

**Area Clubs** – TACT, Catalyst, services you can join/subscribe

**Local Ministries** – Street Pastors, Healing Ministry, and more





**Ian  
Parsons**

- Church Secretary
- Safeguarding Co-ordinator



**Lesley  
Wright**



**Hilary  
Boot-Handford**

- Church Treasurer



**Rosie  
Bone**



**Robin  
Holliday**



**Glenys  
Whelan**

## Our Mission Statement

*'We Seek To Be The People God Created Us To Be  
& To Do The Things He Is Calling Us To Do'*

## Safeguarding



For safeguarding concerns, please contact **Ian Parsons** by email: [bauc-safeguarding@tmc.me.uk](mailto:bauc-safeguarding@tmc.me.uk)



Policy: [Safeguarding Policy](#)

## Find Us



Bere Alston United Church, Fore Street, Bere Alston, PL20 7AB

## Contact Us



This email will reach our Leadership Team [hello@bauc.uk](mailto:hello@bauc.uk)

## About Us & Social Media



[Follow Us](#)



[Our History](#)



[Watch Our Services](#)



[www.bauc.uk](http://www.bauc.uk)



[bauc-notices@tmc.me.uk](mailto:bauc-notices@tmc.me.uk)

## Tavistock Methodist Circuit & Area Groups



[Tavistock Methodist Circuit](#)




[Area Groups & Support](#)

# Calendar



*Key to Events*

- Bere Alston Morning Service: 10:30 a.m., Bere Alston United Church
- Monday House Group: 1:30 p.m., Bere Alston United Church
- Wednesday House Group: 1:30 p.m., Bere Alston United Church
- Band Rehearsal: 4:30 p.m. every Thursday, Bere Alston United Church, See L. Wright
- Men's Breakfast Club: 8:45 a.m. at Holy Trinity Church Hall
- Monthly Luncheon Club: 12:30 p.m., 2nd Wednesday monthly at Holy Trinity Church Hall
- The 7pm Service: 7:00 p.m., 2nd Sunday monthly at Tavistock Methodist Church
- Scrabble Club: 2:00 p.m., every Monday, at Hope Cottage, Bere Alston United Church
- All Enquiries: [hello@bauc.uk](mailto:hello@bauc.uk)
- Sunday Services Streamed on YouTube: Click Link 

| SUNDAY                 | MONDAY                    | TUESDAY        | WEDNESDAY                    | THURSDAY       | FRIDAY                   | SATURDAY                    |
|------------------------|---------------------------|----------------|------------------------------|----------------|--------------------------|-----------------------------|
| 2                      | 3                         | 4              | 5                            | 6              | 7                        | 8                           |
| Morning Service        | <u>Monday House Group</u> |                | <u>Wednesday House Group</u> | Band Rehearsal |                          | <u>No Hill Walking Club</u> |
| Local Preacher         | <u>Scrabble Club</u>      |                |                              |                |                          |                             |
| 9 Lent 1               | 10                        | 11             | 12                           | 13             | 14                       | 15                          |
| Morning Service        | <u>Monday House Group</u> |                | <u>Wednesday House Group</u> | Band Rehearsal | <u>Twelve One Prayer</u> |                             |
| Local Preacher         | <u>Scrabble Club</u>      |                | <u>Monthly Luncheon Club</u> |                |                          |                             |
| <u>The 7pm Service</u> |                           |                |                              |                |                          |                             |
| 16 Lent 2              | 17                        | 18             | 19                           | 20             | 21                       | 22                          |
| Morning Service        | <u>Monday House Group</u> |                | <u>Wednesday House Group</u> | Band Rehearsal |                          |                             |
| Minister               | <u>Scrabble Club</u>      |                |                              |                |                          |                             |
| Holy Communion         | <u>Open The Book</u>      |                |                              |                |                          |                             |
| 23 Lent 3              | 24                        | 25             | 26                           | 27             | 28                       | 29                          |
| Morning Service        | <u>Monday House Group</u> |                | <u>Wednesday House Group</u> | Band Rehearsal |                          |                             |
| Minister               | <u>Scrabble Club</u>      |                |                              |                |                          |                             |
| 30 Mothering Sunday    | 31                        | <b>April 1</b> | 2                            | 3              | 4                        | 5                           |
| Morning Service        | <u>Monday House Group</u> |                | <u>Wednesday House Group</u> | Band Rehearsal |                          | <u>Men's Breakfast Club</u> |
| Local Preacher         | <u>Scrabble Club</u>      |                |                              |                |                          |                             |

## Prayer Initiative

### *Prayer That Transforms & Inspires*



Church Family Prayer is the new prayer initiative for the life and work of BAUC. Ideally, we would like to see the whole week covered in prayer. There is still time to add your name to the rota (at the back of the church), just pick a time that suits you. We all live busy lives and remember that you don't have to pray for the whole of the morning, afternoon or evening, it's what suits you. This is an ongoing commitment, so, if possible, please pray at the same time each week.

Spare paper copies of suggested topics for prayer are available at the back of the church; and of course, there is always CFN for further inspiration.

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## *Church Family Prayer* BAUC

### Prayer Points

- 🙏 Young Church
- 🙏 Leadership Team
- 🙏 Worship Band
- 🙏 Outreach: Hope Cottage, Food Bank, Games & Crafts Club, and Make Lunch
- 🙏 That we may deepen our relationship with Jesus
- 🙏 For an outpouring of the Holy Spirit
- 🙏 To become the people God has created us to be and to do what He is calling us to do
- 🙏 Open The Book
- 🙏 For the Fruit of the Spirit to be evident in our lives
- 🙏 To listen to what God is saying to us
- 🙏 For the growth of the church
- 🙏 For protection from evil
- 🙏 For boldness to share Jesus with our family and friends

# Weekly Events

## House Groups *Come & Try!*

### Monday House Group

Meet with us at **1:30 p.m.** in the **friendly surroundings of BAUC**, where L. Wright will host a time of study, discussion, and prayer. This group is perfect for those who enjoy connecting with others during the day.

### Wednesday House Group

Also at **1:30 p.m.**, this group, hosted by Hilary, meets at BAUC to dive into meaningful conversations about faith and scripture, while encouraging one another in our daily walk with Christ.

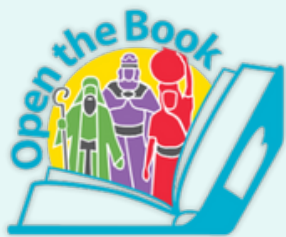


Each session offers a relaxed and inclusive environment, whether you're new to Bible study or looking to deepen your understanding of God's Word. Come as you are, and let's journey together as a community of faith.

For more details or to let us know you're coming, please contact L. Wright or Hilary, or email us at [hello@bauc.uk](mailto:hello@bauc.uk). We can't wait to see you there!

## Our Regular Monthly and Scheduled Events

### *Open The Book* BRINGING THE BIBLE TO LIFE!



We're seeking volunteers to join **Open The Book**, an inspiring Christian programme that brings Bible stories to life for children at **Bere Alston Primary School**. Led by **Rev. Nick Law** and **Hilary Boot-Handford**, this project offers a wonderful opportunity to share God's Word through storytelling and simple dramatizations.

If you have a heart for children and a desire to help them engage with the Bible in a fun and interactive way, we'd love to welcome you!

No prior experience is needed—just enthusiasm and a willingness to get involved.

#### **This Term's Dates:**

- ~~January 20~~, ~~February 24~~, March 17, April 14, May 19, June 16, July 21

For more information, please contact:

**Rev. Nick Law: 840229**

**Hilary Boot-Handford:**

[hello@bauc.uk](mailto:hello@bauc.uk)

# Community Monthly Gatherings

## Men's Breakfast Club

Come and be part of the Men's Breakfast Club, meeting on the **first Saturday of every month!** It's a great opportunity to enjoy good food, warm fellowship, and meaningful conversations in a relaxed setting.



### Details:

 **Location: Holy Trinity Church Hall**

 **Time: 8:45 a.m.**

Whether you're a regular or joining us for the first time, we'd love to have you with us. To reserve your spot, please contact **Nick Law on 840229.**

*Start your Saturday with great company and a hearty breakfast, see you there!*


## Monthly Luncheon Club




You're warmly invited to join the **Monthly Luncheon Club**; a lovely chance to share a delicious meal and good company!

### Details:

 **Date: 2nd Wednesday of every month**

 **Time: 12:30 p.m.**

 **Location: Holy Trinity Hall**

 **Cost: £3.00 for a tasty 2-course meal**

To book your spot, please get in touch with **Nick Law on 01822 840229.**

We'd love to see you there, come along for great food and even better fellowship!

# Our Regular Monthly and Scheduled Events

## Twelve One PRAYER

You're warmly invited to our bi-monthly Twelve One Prayer on **Friday, 14th March 2025**. Inspired by the global **24/7 Prayer Movement**, we'll gather at Bere Alston United Church in the Upper Room for 12 hours of prayer, from **7:00 a.m. to 7:00 p.m. World Prayer 7:00 p.m. to 8:00 p.m.**

The day will conclude with an opportunity to come together for a time of Praise and Worship, starting at 7:00 p.m. in the sanctuary, but this month it will be extended to include a time of prayer specifically for the world and the situations that are happening. Our time together will aim to finish around 8:00 p.m..

This is an opportunity to pause, reflect, and seek God together—whether in silent contemplation, spoken prayer, or simply resting in His presence.

Throughout the day, the space will be set up for individual and group prayer, with resources available to guide and inspire you.

We encourage you to choose a convenient one-hour slot to pray. Closer to the date, you can add your chosen time to the sign-up sheet at the back of the church. If you're unable to join us in person, you're welcome to pray from home and still record your time on the sign-up sheet. Every prayer matters, and together, we can cover the full 12 hours in faithful intercession.

What can you expect?

- A peaceful, welcoming space where you can connect with God
- Prayer prompts and scripture reflections to guide your time
- The opportunity to pray alone or with others
- A sense of unity as we pray together as a church family

**Rosie Bone, our Prayer Team Leader, coordinates the 12 hours of prayer.** If you have any questions, would like to learn more, or need help choosing a time slot, please contact her in person or via email at [hello@bauc.uk](mailto:hello@bauc.uk).

Let's come together in prayer and be part of this powerful movement. Whether you stay for an hour or longer, your presence makes a difference. We'd love to see you there!



*BAUC*  
**NEXT  
FULL CHURCH  
MEETING**



Tuesday, April 29, 2025  
7:30 p.m. at BAUC

5  
Week

Contents



# Bere Peninsula Food Bank



The Bere Peninsula Foodbank, led by dedicated volunteers Glenys and Andy, plays a vital role in supporting the Bere Alston community. Operating from Hope Cottage, this initiative delivers essential food packages to residents in need, ensuring that no one in the village goes hungry. The food bank relies heavily on the generosity of church members and other villagers for donations, fostering a strong sense of community and shared responsibility. In response to increasing demand,

particularly during challenging times, the food bank has appealed for additional contributions to continue its essential services.

**For those interested in supporting or seeking assistance, the foodbank can be contacted by phoning Andy on 07927 220209.**

Through their unwavering commitment, Glenys, Andy, exemplify the spirit of compassion and community that defines Bere Alston.

## URGENT STOCK

- Tinned Meaty Meals
- Tinned Vegetables

## DROP OFF POINTS



- Bere Alston Pharmacy
- Hope Cottage Cafe, Bere Alston
- Church Hall, Bere Ferrers

## LOW STOCK

- Tinned Tomatoes
- Pasta
- Porridge Oats
- Tinned Tuna
- Corned Beef
- Rice
- Long Life Milk



# WOULD YOU LIKE PRAYER?



**Need Prayer?** Our Prayer Team is here for you. If you would like prayer, you're welcome to come forward on Sunday.



We uphold the highest standards of confidentiality and care. For more on how this prayer time works, please visit our website.



[CLICK HERE](#)

## Hope Cottage Cafe

*A Warm Welcome in Bere Alston*



Hope Cottage Café, nestled in the heart of Bere Alston, is a delightful place to enjoy a relaxing break. **Open on Mondays, Wednesdays, Fridays, and Saturdays from 10am to 12:30pm**, the café is run entirely by a team of dedicated volunteers from the village, adding a wonderful sense of community to your visit.

The menu features a tempting selection of freshly made panini, homemade cakes, and a variety of hot and cold drinks, including tea, coffee, and soft beverages. Each item is served with care and a friendly smile, ensuring you feel right at home.

The cosy atmosphere makes it a perfect spot for catching up with friends, meeting new people, or simply enjoying some peaceful time with a good cup of coffee. The café is more than just a place to eat and drink – it's a hub of connection and conversation for locals and visitors alike.

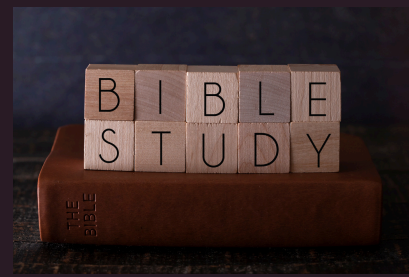
Whether you're a resident of Bere Alston or exploring the area, Hope Cottage Café offers a warm welcome, delicious treats, and a chance to experience the true spirit of the village. Don't miss the opportunity to stop by and support this fantastic community initiative!

### *Volunteer Opportunity: Hope Cottage Café*

*Would you like to be part of our friendly team at Hope Cottage Café? If you're interested in helping out, please contact Hilary Boot-Handford or email her at [hello@bauc.uk](mailto:hello@bauc.uk). We'd love to hear from you!*

# SEEING JESUS TOGETHER

## BIBLE STUDY



| Day                          | Old Testament | New Testament | A Passage for Meditation |
|------------------------------|---------------|---------------|--------------------------|
| <b>Monday<br/>March 3</b>    | Genesis 44    | Acts 20       | Acts 20:17-24            |
| <b>Tuesday<br/>March 4</b>   | Genesis 45    | Acts 21       | Acts 21:10-14            |
| <b>Wednesday<br/>March 5</b> | Genesis 46    | Acts 22       | Acts 22:22-29            |
| <b>Thursday<br/>March 6</b>  | Genesis 47    | Acts 23       | Acts 23:6-11             |
| <b>Friday<br/>March 7</b>    | Genesis 48    | Acts 24       | Acts 24:10-16            |
| <b>Saturday<br/>March 8</b>  | Psalm 10      | -             | Psalm 10:12-18           |
| <b>Sunday<br/>March 9</b>    | -             | -             | -                        |

Seeing Jesus Together: [Website](#)

Seeing Jesus Together: [Today's Readings](#)

Seeing Jesus Together: [2025 Schedule](#)



*Seeing Jesus Together is also available in your chosen App Store, Apple, Android, Google.*

# *A Prayer* for our NHS



Gracious and Loving God,

We come before You in gratitude for the National Health Service, a beacon of care and compassion for all who dwell in this land. We thank You for the vision and dedication that brought it into being, for the countless lives it has saved, and for the hope it continues to bring to those in need.

Lord, we lift before You the doctors, nurses, midwives, paramedics, and all healthcare professionals who work tirelessly to bring healing and comfort. Strengthen them, we pray, when they are weary; renew their spirits when the burden feels too great. May they find encouragement in the lives they touch and solace in the knowledge that they are instruments of Your healing love.

We remember before You those who work behind the scenes—porters, cleaners, administrators, researchers, and volunteers. Their unseen efforts sustain the work of the NHS, and we give thanks for their dedication and commitment. Bless them, Lord, with the assurance that their roles are vital and valued.

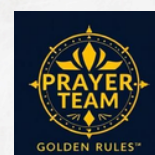
Compassionate God, we pray for all who are ill and in need of care. Wrap them in Your loving embrace, bringing peace to their hearts and healing to their bodies. Comfort the anxious, ease the pain of the suffering, and give strength to their families and carers.

Lord, we lift to You the leaders and decision-makers who guide the NHS through challenging times. Grant them wisdom, compassion, and clarity of purpose as they navigate complex choices. May their decisions honour the dignity of every person and reflect Your heart for justice and equity.

We pray for the future of the NHS, that it may continue to serve as a source of hope and healing for generations to come. Inspire us, Lord, as a community and as a nation, to support and cherish this institution. May we work together to uphold its values of care, compassion, and equality for all.

Finally, Lord, we entrust the NHS to Your loving care. Surround it with Your protection, fill it with Your peace, and sustain it with Your power. May Your presence be known in every ward, every clinic, and every home where care is given and received.

In the name of Jesus Christ, the Great Healer, Amen.



# Anointing with Oil

If you are unwell or in need of healing, we invite you to come forward for anointing with oil by our church leaders, in accordance with James 5:14: "Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord."

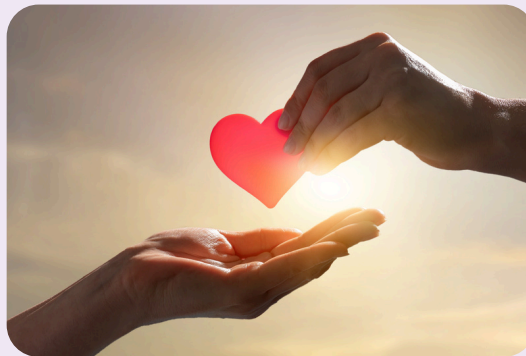


We believe in the power of prayer and God's ability to heal and restore. Please join us in faith as we seek His comfort and strength.

Blessings,

*Our Church Leaders*

# Our Giving



# Helping Those in Need

## WORKING ALONGSIDE & SUPPORTING OUR PARTNERS



If you would like to donate to the work of BAUC:

You Donate On-Line to:-

Bere Alston United Church

Sort Code: 08-92-99

A/C N<sup>o</sup>: 65228157

By Giving at our Sunday Morning Service



# Tavistock Methodist Church Spotlight Events



THIS PAGE IS RESERVED FOR SPOTLIGHT EVENTS WITHIN THE TAVISTOCK METHODIST CIRCUIT. STAY TUNED FOR UPDATES ON SPECIAL SERVICES, GATHERINGS, AND KEY EVENTS HAPPENING ACROSS THE CIRCUIT.

## TAVISTOCK Hill Walking Club

- Next Walk -

*Tavistock Hill Walking Club Explore  
Dartmoor with Us!*



WALKING GROUP IN MARCH, APRIL AND MAY. SADLY THE GROUP WALK FOR MARCH 8TH IS OFF DUE TO THE TMC CHURCH WEEKEND AND APRIL US LOOKING DIFFICULT WITH TEN TORS TRAINING - I MIGHT BE ABLE TO MOVE THE WALK. ALSO, MAY WILL HAVE TO MOVE TO THE 17TH MAY AS THE NORMAL DATE IS TEN TORS WEEKEND. I WILL LET YOU ALL KNOW HOW THINGS ARE WORKING OUT CLOSER TO THE DATE. SORRY, JUST ONE OF THOSE THINGS. CHRIS



For more information contact Tavistock Methodist Church.

Good footwear and good coat are essential!

For updates, visit <https://hillwalkers.org.uk/> or

Office email: [info@tmc.me.uk](mailto:info@tmc.me.uk)

## Worship Leader TRAINING



The next zoom meeting is on **3rd March at 7pm** where we will be discussing the first two videos of the worship central course (<https://worshipcentral.org/the-course/eng>). If you signed up but couldn't make the first meeting you can still join us for the rest. I hope to run the course again before the end of the year so if you want to sign up just let me (Chris Brown) know. Thanks







# Lenten Devotions

Rev. Paul Smith

Rev. Paul Smith will once again be leading **four Lenten devotions** this year.

These will be available on the [TMC YouTube Channel](#) on:

-  Monday, March 17
-  Monday, March 24
-  Monday, March 31
-  Monday, April 7



The theme for this year is:

## "The Last Steps to Calvary"

Each session will reflect on key moments from **John 18 & 19**, guiding us through Jesus' journey to the cross.

