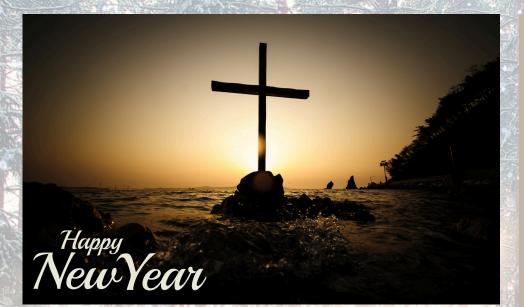
December 29, 2024

CHURCH FAMILY NEWS ROOTED IN FAITH RENEWED IN PURPOSE



Welcome to Bere Alston United Church

Join us every Sunday at 10:30 a.m. for an uplifting service:

Engaging Preaching & Uplifting Worship: Experience inspiring messages and heartfelt worship led from our worship band

Prayer Time: A peaceful moment to connect with God and lift up our hearts in faith.

Young Church: Creative and meaningful sessions to help children grow in faith and understanding.

Garden Room: A live stream of the service in a calm, relaxed setting.

YouTube Live: Worship with us online from wherever you are!







Featured Inside

Sunday Service

Sunday, January 12

Join us for our Covenant Service, led by our Minister, who will guide us through Holy Communion. Time: 10:30 a.m.

Ministries for Children

Young Church

Every Sunday, children explore faith through fun, interactive, and engaging activities designed just for them.

Bible Study

Seeing Jesus Together

Explore the life and teachings of Jesus as we follow through our Scripture Readings each day.

Groups & Outreach

House Groups

Small, welcoming groups meeting throughout the week to share fellowship, study, and prayer.





Who We Are and What We Do!

Our Team & Safeguarding – Meet our leaders and contact details (<u>Page 3</u>) Church Calendar – Upcoming events: a 5-week planner (<u>Page 4</u>)

Faith & Worship

Bible Readings – Why we should read the Bible? (<u>Page 10</u>) Preaching/Prayers – New Preaching Series! Twelve One Prayer<u>(Page 11)</u> Our Readings – Seeing Jesus Together, now with Meditation Verses (<u>Page 12</u>) Special Service – Our Covenant Service (<u>Page 5</u>)

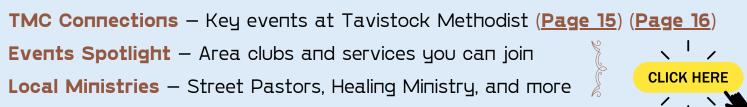
Community and Outreach

Community - Hope Cottage Cafe - The heartbeat in our village (<u>Page 5</u>) Reaching Out - House Groups and support opportunities (<u>Page 6</u>) Groups - Monthly Luncheon Club, Men's Breakfast (<u>Page 7</u>) Youth Activities - Open the Book (<u>Page 8</u>) Food Bank Updates - Weekly reports and needs (<u>Page 9</u>)

Reflection 🚯

Spiritual Care – Anointing, giving, and partnerships (<u>Page 14</u>) **Prayer Focus** – Contributions from Amelia & Mike Palmer (<u>Page 13)</u>

TMC Circuit & Groups 🏶



Our Leaders

- Ian Parsons: Church Secretary, Safeguarding Officer
- Lesley Wright: Worship Leader, Mission Leader, Make Lunch Leader
- Hilary Boot-Handford: Church Treasurer, Young Church Leader
- **Rosie Bone**: Prayer Team Leader
- **Robin Holliday**: Evangelism Leader
- **Glenys Whelan**: Food Bank Enquiries

Our Mission Statement

We Seek To Be The People God Created Us To Be & To Do The Things He Is Calling Us To Do'

Safeguarding



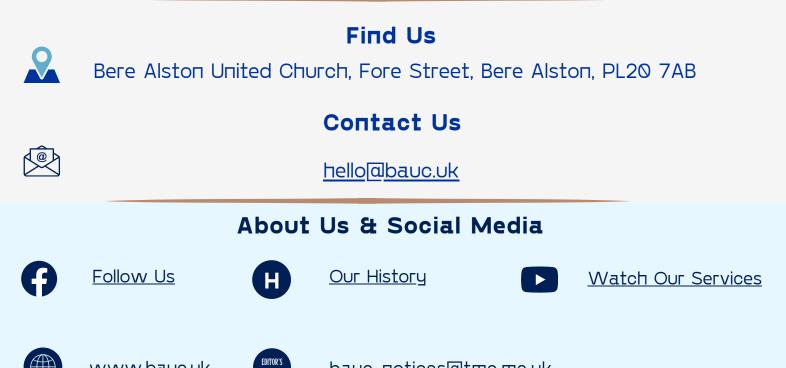
For safeguarding concerns, please contact **lan Parsons**.

lan Parsons: <u>bauc-safeguarding@tmc.me.uk</u>

Policy: Safeguarding Policy

www.bauc.uk

EMAIL



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bauc-notices@tmc.me.uk

5 WEEK

Calendar

Key to Events

- Bere Alston Morning Service: 10:30 a.m., Bere Alston United Church
- Monday House Group: 1:30 p.m., Bere Alston United Church
- Wednesday House Group: 7:30 p.m., on Zoom
- Band Rehearsal: 4:30 p.m. every Thursday, Bere Alston United Church, See L. Wright
- Men's Breakfast Club: 8:45 a.m. at Holy Trinity Church Hall
- Monthly Luncheon Club: 12:30 p.m., 2nd Wednesday monthly at Holy Trinity Church Hall
- The 7pm Service: 7:00 p.m., 2nd Sunday monthly at Tavistock Methodist Church
- Scrabble Club: 2:00 p.m., every Monday, at Hope Cottage, Bere Alston United Church
- All Enquiries: <u>hello@bauc.uk</u>
- Sunday Services Streamed on YouTube: Click Link

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	Jan 1	2	3	ч
Morning Service		New Years Eve	New Years Day	Band Rehearsal		<u>Men's Breakfast</u> <u>Club</u>
Local Preacher						
5	6	7	8	9	10	וו
Morning Service	Scrabble Club		<u>Wednesday</u> House Group	Band Rehearsal	<u>Twelve One</u> <u>Prayer</u>	<u>Hill Walking Club</u>
Local Preacher			<u>Monthly</u> Luncheon Club			
12	13	14	15	16	17	18
Morning Service	<u>Monday House</u> <u>Group</u>		<u>Wednesday</u> <u>House Group</u>	Band Rehearsal		
Minister	<u>Scrabble Club</u>					
Covenant Service						
The 7PM Service						
19	20	21	22	23	24	25
Morning Service	<u>Monday House</u> <u>Group</u>		<u>Wednesday</u> <u>House Group</u>	Band Rehearsal		
Local Preacher	<u>Scrabble Club</u>					
26	27	28	29	30	31	Feb 1
Morning Service	<u>Monday House</u> <u>Group</u>		<u>Wednesday</u> <u>House Group</u>	Band Rehearsal		<u>Men's Breakfast</u> <u>Club</u>
Minister	<u>Scrabble Club</u>					

Unique Events

Covenant Service

Sunday, January 12, 10:30 a.m. at Bere Alston United Church

You are warmly invited to our Covenant Service, a significant and deeply moving time of worship where we renew our commitment to God. Our Minister will lead us in this special service, preaching and presiding over Holy Communion.

The Covenant Service is a tradition that goes back to John Wesley, the founder of Methodism. It is an opportunity to reflect, give thanks, and re-dedicate ourselves to God's will and purpose for our lives.



The words of the Covenant Prayer are both powerful and humbling, reminding us of God's unfailing love and our response to live in faithful discipleship.

The words of the Covenant Prayer are both powerful and humbling.

Whether you are new to this tradition or have participated for years, all are welcome to join us in this act of worship and renewal. We look forward to sharing this meaningful time together.





Hope Cottage Café, located in Bere Alston, is a beloved spot for locals and visitors, known for its friendly atmosphere and delicious menu. It's not just a café; it serves as a community hub where connections are made and support is provided. The café relies on volunteers to thrive, offering opportunities to serve, bake, or assist behind the scenes. Interested individuals can contact Hilary Boot-Handford at <u>hello@bauc.uk</u> or visit the café to get involved, helping to maintain its welcoming spirit in the community.

Weekly Events

House Groups Come & 7ry!

Join Us for our weekly House Groups This New Year!

Looking for a place to deepen your faith, grow in fellowship, and explore God's Word in a supportive and welcoming community? Our weekly House Groups are starting again this January, and we'd love for you to join us!

Monday House Group

Meet with us at 1:30 p.m. in the friendly surroundings of BAUC, where L. Wright will host a time of study, discussion, and prayer. This group is perfect for those who enjoy connecting with others during the day.

Wednesday House Group

Also at 1:30 p.m., this group, hosted by Hilary, meets at BAUC to dive into meaningful conversations about faith and scripture, while encouraging one another in our daily walk with Christ. Each session offers a relaxed and inclusive environment, whether you're new to Bible study or looking to deepen your understanding of God's Word. Come as you are, and let's journey together as a community of faith.

For more details or to let us know you're coming, please contact Lesley or Hilary, or email us at **hello@bauc.uk**. We can't wait to see you there!



5 Week

Community Monthly Gatherings

Men's Breakfast Club

Come and be part of the Men's Breakfast Club, meeting on the **first Saturday of every month**! It's a great opportunity to enjoy good food, warm fellowship, and meaningful conversations in a relaxed setting.



Details:

Location: Holy Trinity Church Hall
Time: 8:45 a.m.

Whether you're a regular or joining us for the first time, we'd love to have you with us. To reserve your spot, please contact **Nick Law on 840229**.

Start your Saturday with great company and a hearty breakfast, see you there!

Monthly Luncheon Club



You're warmly invited to join the **Monthly Luncheon Club**; a lovely chance to share a delicious meal and good company!

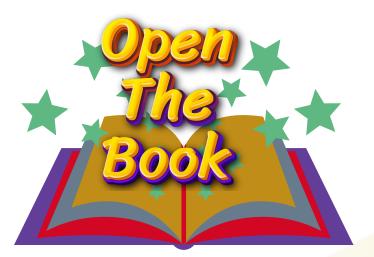
Details:

- 📅 Date: 2nd Wednesday of every month
- 🕑 Тіте: 12:30 р.т.
- 📍 Location: Holy Trinity Hall
- 🗾 Cost: £3.00 for a tasty 2-course meal

To book your spot, please get in touch with **Nick Law on 01822 840229.** We'd love to see you there, come along for great food and even better fellowship!



Our Regular Monthly and Scheduled Events



We're seeking volunteers to join Open The Book, an inspiring Christian programme that brings Bible stories to life for children at Bere Alston Primary School. Led by Rev. Nick Law and Hilary Boot-Handford, this project offers a wonderful opportunity to share God's Word through storytelling and simple dramatizations. If you have a heart for children and a desire to help them engage with the Bible in a fun and interactive way, we'd love to welcome you!

No prior experience is needed—just enthusiasm and a willingness to get involved.



For more information, please contact: Rev. Nick Law: 840229 Hilary Boot-Handford: hello@bauc.uk

Bere Peninsula Food Bank

The Bere Peninsula Foodbank, led by dedicated volunteers Glenys and Andy, plays a vital role in supporting the Bere Alston community. Operating from Hope Cottage, this initiative delivers essential food packages to residents in need, ensuring that no one in the village goes hungry. The food bank relies heavily on the generosity of church members and other villagers for donations, fostering a strong sense of community and shared responsibility. In response to increasing demand,

particularly during challenging times, the food bank has appealed for additional contributions to continue its essential services.

• PLEASE• support our FOOD RANK

For those interested in supporting or seeking assistance, the foodbank can be contacted by phoning Andy on 07927 220209.

Through their unwavering commitment, Glenys, Andy, exemplify the spirit of compassion and community that defines Bere Alston.

 \dots

- URGENT STOCK
- Tinned Meaty Meals
- Tinned Vegetables



- Bere Alston Pharmacy
- Hope Cottage Cafe, Bere Alston
- Church Hall, Bere Ferrers



- Tinned Tomatoes
- Pasta
- Porridge Oats
- Tinned Tuna
- Corned Beef
- Rice
- Long Life Milk





The Bible is more than an ancient text; it is God's living Word, offering wisdom, comfort, and truth for every season of life. Here are some key reasons to make Bible reading a priority:

1. It's God's Word to Us

The Bible reveals God's love, will, and purpose for our lives. In 2 Timothy 3:16, Paul writes, "All Scripture is Godbreathed and is useful for teaching, rebuking, correcting and training in righteousness." Through Scripture, we hear God's voice and grow in our relationship with Him.

2. It Nourishes Us Spiritually

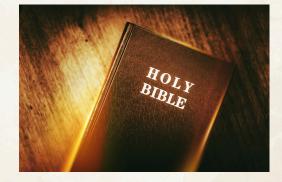
Just as food sustains the body, God's Word strengthens our soul. Jesus said, "Man shall not live on bread alone, but on every word that comes from the mouth of God" (Matthew 4:4).

3. It Guides Our Path

Psalm 119:105 reminds us, "Your word is a lamp to my feet and a light to my path." In a confusing world, the Bible offers clarity, wisdom, and direction.

4. It Brings Comfort and Hope

God's Word reassures us of His promises and faithfulness, even in hard times. Romans 8:28 reminds us, "In all things God works for the good of those who love Him."



5. It Builds and Transforms Us

Reading Scripture deepens our faith and shapes our hearts. Hebrews 4:12 declares, "The word of God is alive and active... it judges the thoughts and attitudes of the heart."

Start Small, Stay Consistent

Daily Bible reading doesn't have to be daunting. Start with a few verses or a short passage, using tools like reading plans or Bible apps to help. As you engage regularly, you'll discover its lifechanging power.

Let's treasure the Bible, embrace its truths, and allow it to guide us closer to God each day.

"Your word is a lamp to my feet and a light to my path." – Psalm 119:105





JOIN US FOR TWELVE ONE PRAYER

Location: The Upper Room at Bere Alston United Church

What is Twelve One Prayer? A dedicated twelve hours of prayer and reflection in a peaceful, sacred space. Take this opportunity to connect with your faith and find spiritual solace.



Friday, January 10, 2025 7:00 a.m. to 7:00 p.m.

How to Participate:

- Book an Hour Slot: Choose a time that works for you and join us in The Upper Room for a meaningful hour of prayer. You may also choose to pray from your home.
- Sign Up Today: A sign-up sheet is available at the back of the church.

Be Part of Our Prayer Community. Reserve your time now and experience the power of collective prayer. For more information, contact Rosie Bone 🙊 <u>hello@bauc.uk</u>

Let's come together in faith and unity. Join us for Twelve One Prayer and strengthen your spiritual journey.

SEEING JESUS TOGETHER BIBLE STUDY



Day	Old Testament	New Testament	A Passage for Meditation
Monday December 30	Psalm 149	-	Psalm149:1-3
Tuesday December 31	Psalm 150	-	Psalm150:6
Wednesday January 1	Genesis 1	Luke 1	Luke 1:1-4
Thursday January 2	Genesis 2	Luke 2	Luke 2:41-52
Friday January 3	Genesis 3	Luke 3	Luke 3:21-22
Saturday January 4	Psalm 1	-	Psalm 1:1-3
Sunday January 5		-	-

Seeing Jesus Together: Website

Seeing Jesus Together: <u>Today's Readings</u>



5 Wee

Seeing Jesus Together: 2025 Schedule

Seeing Jesus Together is also available in your chosen App Store, Apple, Android, Google.

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Me Say Our Prayers



Heavenly Father thank you that we have freedom in this country to come together in worship and prayer. Lord in that Freedom, surely it is our purpose and responsibility to stand against the principality's and powers of this world, in supplication and prayer, for all who are suffering, wars, famine, hunger, fires, floods, slavery and injustice. Lord we pray and ask that you would meet every need, in every situation. We lift those who respond to your call, volunteer, give up their time and bring much needed provisions to the destitute.

We lift governments to you, through out the world, who carry the weight of responsibility, for the countries they represent, and pray for your sovereignty through guidance, wisdom, and justice. Thank you father that you loved us so much you sent your only son, who came in peace, to set us free, Not freedom as the world knows it, but freedom from the pressures of this world, personal daily struggles, that release us from fear, and set us free.

We think of those:

Ensnared In a a war that is not wanted, that threaten their daily lives, and the lives of others, which ways heavily on shoulders. Denying your peace. **Encased** In a situation that proves difficult to be free of, not necessarily of their own making, which dominates their waking mind. Denying your peace. **Entrapped** in a relationship that can't be walked away from, due to the commitments required for those involved. Denying us your peace. **Trapped** in a much needed job, that may not pay well, to finance ever mounting bills.

Denying your peace

Lord because of your love for us, you came to set us free from the trials of this world, to heal the venerable, the lonely, the sick, the homeless, those with troubled minds, and so much more.

You came to save

All power has been given to you by our Heavenly Father. There is No greater Love than when you died on the cross for us.

No greater power than when you raised from death to life, offering everlasting life to all who receive you.

Lord Jesus. This is who you are. Thanks be to God.





Anointing with Oil

If you are unwell or in need of healing, we invite you to come forward for anointing with oil by our church leaders, in accordance with James 5:14: "Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord."



We believe in the power of prayer and God's ability to heal and restore. Please join us in faith as we seek His comfort and strength.

Blessings,

Our Church Leaders







Helping Those

in Need











WORKING ALONGSIDE & SUPPORTING OUR PARTNERS

- If you would like to donate to the work of BAUC:
- You Donate On-Line to:-
- Bere Alston United Church
- Sort Code: 08-92-99
- A/C Nº: 65228157

By Giving at our Sunday Morning Service







Circuit

EVANGELISM MEETING

JANUARY 16, 2025 AT TMC IN LOWER HALL AT 7.30 P.M.

Circuit Evangelism Meeting next is on **January 16 at Tavistock Methodist Church in the Lower Hall at 7.30 p.m.** We are still praying for evangelism in the Circuit and sharing good news stories as well as studying the third part of the Contagious Christian course (this one is about having good conversations).

Numbers to this meeting have been declining and this saddens me because outreach and evangelism is such an important part of the life of this circuit and this is the chance we have to gather and pray together about this.

All are welcome and if you feel growing our churches is important then it is important we support each other and pray, please come if you are able.



Worship Leader Training – open to anyone who wants some training on leading worship as well as being an official recognition as a worship leader (you don't have to get registered as a worship leader you are welcome just to do the course).

I'm determined to get started with the worship leader training in the new year so can you please let me know by email if you would like to be included. There is a booklet to read through and 7 video sessions as well as 4 zoom sessions. You will be expected to do much of the



course on your own but the ZOOM sessions will enable us to talk together about what you are learning. You will have plenty of time to finish the course. Hope this makes sense. Let me re-iterate that ANYONE is welcome to take the course. <u>superintendent@tmc.me.uk</u>

Kris Drown



NEXT WALK January 11, at 9:00 a.m.

Hill Walking Club

Tavistock Hill Walking Club – Explore Dartmoor with Us!

Join the Tavistock Hill Walking Club as we venture across the breathtaking landscapes of Dartmoor. Whether you're a seasoned walker or new to exploring the moors, our friendly group welcomes all who enjoy discovering the beauty of nature on foot. Details of our next walk will be shared soon—get ready for fresh air, great company, and stunning views. We look forward to seeing you there!





Good footwear and good coat are essential. We will start at 9:00 a.m..

For updates, visit <u>https://hillwalkers.org.uk/</u> or email the office: info@tmc.me.uk

